

“Health is wealth”

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1.0 VERY IMPORTANT INFORMATION TO **NOTE BEFORE USING JCMS**

Ensure you read through these instructions before usage.

1. Don't use **for men/women** and **multipurpose** at the same time. This means if you are doing a treatment regimen that requires **for men/women** after the use of **multipurpose** for three months you are to stop **multipurpose** and use **for men** or **for women** for one month.
2. Don't give **For women** to a client with fibroid or history of fibroid.
3. **Multipurpose** is to be measured using table/adult spoon.
4. **For men/women** is to be measured using tea/baby spoon.

5. For men/women is not to be boiled.
6. For men/women are to be used for one month. 1 tea spoon in a very hot water, stir and drink all in the morning. Follow the same procedure for evening.
7. Children from age one to eighteen and elderly people from 60 and above should take only multipurpose.
8. For effective result use JCMS for three months to a year depending on the condition
9. A pack of JCMS multi purpose has 12 to 13 adult spoons in it. Depending on the prescription it can last for four to five days
10. Use a clean kettle or clean pot for the preparation.
11. Filter multipurpose before use.

12. All products must be taken hot.
13. An ulcer patient is to take the tea immediately after meal.
14. Don't add any sweeteners.
15. **Multipurpose** can be used for steaming meat, fish ,prawns and stew.
16. All of our products are NAFDAC approved.

NAFDAC NO:

- **Multipurpose:** A8-110397L
- **For men:** A8-110398L
- **For women:** A8-113516L

METHODS OF PREPARATION

2.0 FOR GENERAL HEALTH MAINTENANCE AND PREVENTION OF DISEASES

Morning Dose:

- Add 4 spoons of **multipurpose** inside 60cl of water (sachet water AKA pure water bag size)
- Boil with a low heat for 10 to 15 minutes.
- Filter and drink all before/after breakfast.

Evening Dose:

- Re-boil with 30cl of water for 10 minutes, filter, drink all and discard.

2.1 FOR CANCER PATIENT

Morning Dose

- 5 spoons of **multipurpose** should be added to a 60cl water.
- Boil with a low heat gently for 10 to 15 minutes.
- Filter it and drink all before/after food in the morning.

Evening Dose:

- Re-boil with 30cl of water for 10 minutes, filter and drink all.

2.2 FOR PROSTATE ENLARGEMENT/ CANCER

Morning Dose:

- Boil 7 spoons of **multipurpose** in 60cl of water for 15mins, filter and drink all.

Evening Dose:

- Re-boil with 30cl of water for 10 minutes, filter and drink all.

Please Note: Avoid processed food, seasoning cubes in food and eat a lot of natural food.

2.3 FOR PCOS, OVARIAN CYST, ENDOMETRIOSIS, HORMONAL IMBALANCE

Morning Dose:

- Boil 5 spoons of **multipurpose** in 60cl of water for 15 minutes, filter and drink all.

Evening Dose:

- Re-boil with 30cl of water for 10 minutes, filter, drink all, and discard.

2.4 FOR THYROID DISEASE/GOITRE

Morning Dose:

- Boil 6 spoons of **multipurpose** in 60cl of water, filter and drink all.

Evening Dose:

- Re-boil with 30cl of water for 10 minutes, filter, drink all, and discard.

2.5 FOR FIBROID

Use the following guide as a reference point to generalize the size of fibroids from small, medium, and large.

Small (>1cm – 5cm).....Size of a pea to a lime.

Medium (5cm – 10 cm).....Size of a peach to a large lemon.

Large (10cm+).....Size of a mango to a watermelon.

Dosage for Small Sized Fibroid

- 5 spoons of **multipurpose** should be added to a 60cl water.
- Boil for 10mins to 15mins and drink all.

Night Dose

- Re-boil with 30cl of water at night and drink all, this is recommended for at least six months to a year.

For Medium Sized Fibroid

- 6 spoons of **multipurpose** should be added to a 60cl water.
- Boil gently in the same time duration (10 to 15 minutes) as small size. Use consistently for 6 months to 1 year.

For Large Sized Fibroid

- Boil 7 spoons of **multipurpose** in same quantity of water as above and same duration, use consistently for one year.

Please Note: Fibroid clients are not allowed to use **for women**

2.6 FOR REPRODUCTIVE TRACT INFECTION

- Get a clean kettle
- Put 60cl of water into the kettle
- Add four spoons of **multipurpose**
- Boil for 10 to 15 minutes, filter and drink.

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

2.7 CEASED MENSTRATION

Morning dose:

- Boil 4 spoons of **multipurpose** in a 60cl water
- Filter and drink all

Night Dose

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

2.8 FOR TUMMY FAT AND WEIGHT LOSS.

Depending on the kg an individual wants to lose.

Weight Above 100kg

Morning Dose

- Boil 6 spoons of **multipurpose** in a 60cl water
- Filter and drink all.

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

Weight Below 100kg

Morning Dose

- Use 5 spoons of **multipurpose**.
- Boil in a 60cl water for 15 mins.
- Filter and drink all

Evening Dose

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

For Tummy Fat

Morning Dose

- Boil 4 spoons of **multipurpose** in a 60cl water and take at once.

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

PLEASE NOTE!: Avoid Late night food, processed food and carbonated drinks

2.09 FOR HEART, KIDNEY, BONE AND OTHER VITAL ORGAN DISEASES, LIKE HYPERTENSION, ARTHRITIS, KIDNEY DISEASE, JOINT PAIN, WAIST PAIN, ANKLE PAIN AND KNEE PAIN, DIABETES, STROKE, KIDNEY STONE)

Morning Dose:

- Boil 6 spoons of **multipurpose** in a 60cl water for 15 mins, filter and drink all.

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

2.10 FOR INSOMNIA, STRESS, TIREDNESS AND WEAKNESS

Morning Dose:

- Get a clean kettle, put 60cl of water into it.
- Add 5 spoons of **multipurpose**
- Boil for 15 mins, filter and drink all.

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

2.11 LOW LIBIDO

Morning Dose:

- Get a clean kettle, put 60cl of water inside the kettle.
- Add 4 spoons of **multipurpose** inside the kettle with water.
- Boil with low flame for 10 to 15 minutes.
- Filter into a cup and drink all.

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

2.12 FOR WATERY SPERM AND LOW SPERM COUNT

Morning Dose:

- Get a clean kettle, add 50cl of water into it.
- Add 4 table spoons of **multipurpose**.
- Boil in a low flame for 10 to 15 minutes.
- Drink all before meal (morning)

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

2.13 FOR ULCER, INDIGESTION, BLOATED STOMACH

Morning Dose:

- Boil 4 table spoons of **multipurpose** in a 60cl water.
- Drink all immediately after meal in the morning.

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

2.14 FOR ELDERLY.

Morning Dose:

- Elderly people from the age of 60 and above should take 4 adult spoons in 60cl of water, filter and drink all.

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

2.15 FOR CHILDREN

Boil 3 spoons of **multipurpose** in a 50cl water for 10 mins filter and give;

- **(6 months – 1 year old):** 3 adult spoons morning and evening.
- **(2 – 4 years old):** 4 adult spoons morning and evening.
- **(5 – 10 years old):** 20 cl morning and night

(11 – 15 years old)

- 4 spoons of **multipurpose** in 60cl of water boil for 15mins.
- Drink 30cl morning and evening.

(15 -19 years old)

- 4 spoons of **multipurpose** in 60cl of water, boil for 15 mins.
- Drink 40cl in the morning and 20cl in the evening.

2.16FOR RASHES AND ITCHING

Morning Dose:

- Boil 4 adult spoons of **multipurpose** in a 60cl water
- Filter and drink all at once.

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

2.17 FOR HIV

Morning Dose:

- Boil 5 spoons of **multipurpose** in 60cl of water for 15mins, filter and drink all.

Evening Dose:

- Re-boil with 30cl of water for 10mins, filter drink all and discard

Please Note: This dosage will be maintained for two years, after three months check your viral load, consistency is advised for maximum result.

2.18 FOR PILE/ CONSTIPATION

Morning:

- Boil 4 spoons of **multipurpose** in 60cl of water for 15mins, filter and drink all.

Evening:

- Re-boil with 30cl of water for 10mins, filter, drink all and discard.

2.19 FOR GROWTH ON ANY PART OF THE BODY.

Morning:

- Boil 4 spoons of **multipurpose** in 60cl of water for 15mins, filter and drink all.

Evening:

- Re-boil with 30cl of water for 10mins, filter, drink all and discard.

2.20 FOR PARKINSON DISEASE

Morning:

- Boil 4 spoons of **multipurpose** in 60cl of water for 15mins, filter and drink all.

Evening:

- Re-boil with 30cl of water for 10mins, filter, drink all and discard.

2.21 FOR RESPIRATORY DISEASES (Asthma, nasal congestion, migraine and fever)

Morning Dose:

- Boil 4 spoons of **multi purpose** in a 60cl water.
- Filter and drink all at once.
- Repeat same at night for two weeks.

Evening Dose:

- Re-boil with 30cl of water, for 10 mins, filter, drink all and discard.

Asthmatic patient should use this daily as a maintenance dose

2.22FOR SKIN GLOW

Morning Dose

- Add 4 spoons of multipurpose inside 60cl of water (sachet water AKA pure water bag size)
- Boil with a low heat for 10 to 15 minutes.
- Filter and drink all before/after breakfast.

Evening Dose:

- Re-boil with 30cl of water, filter and drink all.

2.23 FOR PREGNANT WOMEN

- Two spoons of **multipurpose** in 40cl water
- Drink 20cl morning and 20cl at night

2.24 FOR NURSING MOTHERS

- Two spoons of **multipurpose** in 40cl water
- Drink 20cl morning and 20cl at night

2.25 FOR FALLOPIAN TUBE BLOCKAGE/PID

Morning Dose:

- Boil 4 spoons of **multipurpose** in 60cl of water for 15mins, filter and drink all.

Evening Dose:

- Re-boil with 30cl of water for 10mins, filter, drink all and discard.

2.26 FOR STROKE AND NEUROPATHY

Morning Dose:

- Boil four spoons of **multipurpose** in 60cl of water for 15mins, filter and drink all.

Evening Dose:

- Re-boil with 30cl of water for 10mins, filter, drink all and discard.

2.27 HEPATITIS

Morning Dose

- Boil 5 spoons in 60cl of water for 10 to 15 mins, filter and drink all

Evening Dose

- Re-boil with 30cl of water for 10mins filter, filter drink all and discard.

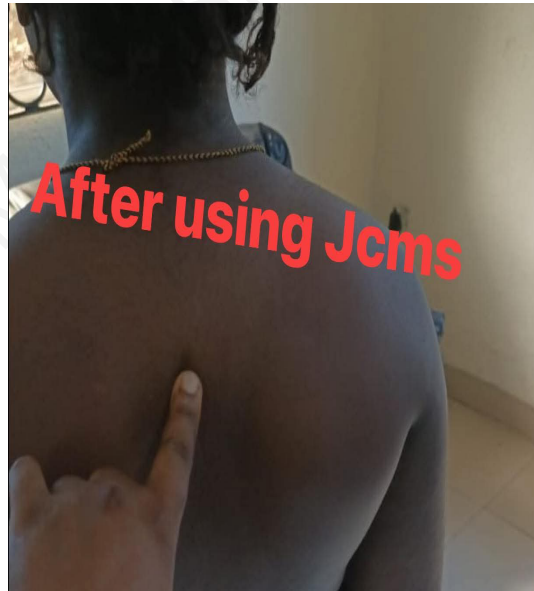
3.0 THINGS TO OBSERVE WHILE USING JCMS

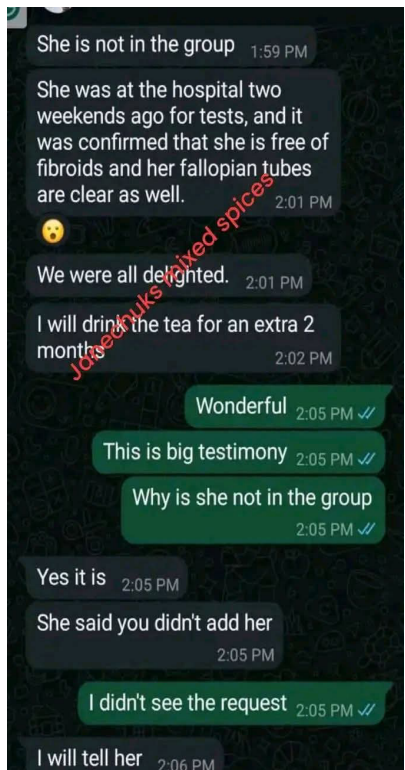
- JCMS helps in metabolism of food, if you experience weakness or tiredness after use, drink a lot of water and eat.
- JaneChuks mixed spices causes thirst, you are advised to drink a lot of water.

Note: Let the hypertensive or diabetic patient check their sugar level and blood pressure while using it and reduce quantity as the sugar level and blood pressure normalizes.

If a patient is on medication, they should continue with their medication while using JaneChuks mixed spices till a significant change is recorded in their health.

TESTIMONIALS





BELYN - NOSE MEDICAL LABORATORY SERVICES

14, Wire Road By Eviwemen Junction, Benin City, Tel: 08164316571;
Email address: belynnose@gmail.com

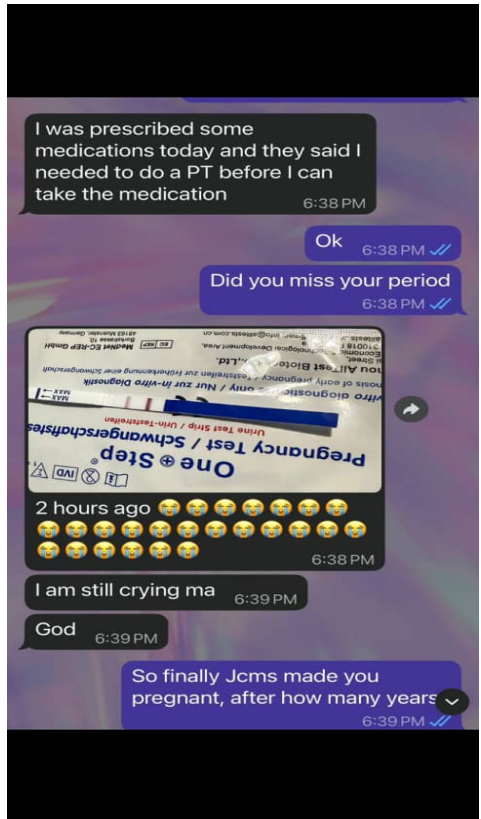
Improving Health For All

SURNAME: ...	LAB NUMBER: 1038
OTHER NAMES: ...	SEX: MALE
DATE RECEIVED: 17/1/2026	AGE: ADULT
REQUEST: HBV & HCV	DATE COLLECTED : 17/1/2026

LABORATORY REPORT

HEPATITIS B SURFACE ANTIGEN:	Negative
HEPATITIS C SURFACE ANTIGEN:	Positive

[Signature]
Medical Lab. Scientist



Our Belle tea has done it again oooo.

My client who stays in UK 🇬🇧, just chatted me that her friend who also bought our tea, 15packs too, is confirmed pregnant.

She had multiple fibroids, so I gave her 7 tablespoons, morning and night, after taking the 15packs, the fibroids shrinked one by one, and she conceived. She bought them. October last year.

God be praised.

JCMS TO THE WORLD 🏆🏆🏆

2:16 pm

She suffered from secondary infertility and because she lived in Uk we all know how difficult to get certain treatments over there but she decided to buy Janechuks mixed spices, used it from April to till January which is eight months, she became unwell and was advised to see a doctor first, she tested positive after 2 years of trying to get pregnant.

Congratulations darling.

How long have you been trying to come? You should give JaneChuksMixedSpices a chance, trust the process and you also will testify 🏆🏆

2:16 pm



The tea is working wonders. Me and my wife now sleep very well and wake up with no joint pains unlike before.

The tea has really boosted our sex life. My wife's libido and I are very high now and she is always wet and sexually attractive unlike before. My urine is always white now unlike before. My wife even said that after sex my sperm no longer flow down from her body like before. My sexual stamina has also increased. My wife has been urinating and defecating strange things from her body since we started taking it. I no longer have difficulty defecating. Infact I enjoy defecating now.

She said she love the testimony I usually post on my WhatsApp status about Janechuks Mixed Spices. So she decided to get a distributor pack for herself and her friend with no precise expectation. I have been following up with her regarding any changes in her body. She told me last week that tea makes her sleep well but she want to observing something else since but will reply me when it's time. Boom..... today this is her feedback concerning the observation.

That she has had irregular menstrual flow for over 9 months which has taken many hormonal balance treatment for yet no improvement but in just two weeks of taking Janechuks Mixed Spices her period was restored to normal.

We dey drink e dey show. Long live Janechuks Mixed Spices 🍀🍀❤️



2:16 pm

Reviews cancel doubts. My client's wife has blocked fallopian tube issue and experiencing 10years secondary infertility.

This review came after one week of using the period.

By God's grace the ultimate desired result will be achieved.

How are doing.
Have you done any test since then?

Good morning Maam 11:12

I trust your doing great 11:13

Yea I did the viral load test 11:13

From 1,600
It has dropped to just 22 11:13

This test was done in December
JANECHUKSMIXEDSPICES
I kept taking the tea till about early
January and stopped
Honestly I felt overwhelmed
Also the cash to keep up
So I took a break 11:15

Good evening Mama and Papa

Good evening my fellow
Ambassadors

Today I called my elderly male
client treating stroke and prostate
cancer with Janechuks mixed
spices to check up on him,he told
me that his twisted mouth due to
stroke has healed completely and
he could talk properly now and
that he can now hold urine without
urinating on his body,he is very
happy with his health progress,I
encouraged him to be more
consistent on taking Janechuks
mixed spices tea daily for total
restoration and healing

4:25 PM

Our HIV clients used Janechuks
mixed spices multi purpose for two
months and her viral load went from
1,600 to 22.

She is on a year treatment regimen
which by one year it will be gone
like the other of our client, who has
remained negative since 2024.

2:00 pm

Get Back on Your Feet with

JANE CHUKS MIXED SPICES

Stroke
Arthritis
Osteoarthritis
Rheumatism etc.



ORDER NOW